

Marriage Self-Assessment

- **Communication**
 - Does your mate know what it means for you to be in the military?
 - Does your mate know that you will deploy?
 - Can you sense how the other is feeling?
 - How do you make decisions together?
- **Conflict Resolution**
 - How do you handle conflicts?
 - Arguments? How are they resolved?
 - Does one of you have to win all the time?
 - How do you handle your temper?
- **Finances**
 - Who will pay the bills?
 - Are you willing to share/ save money?
 - Can you or do you trust each other with money?
 - Will both of you work? Does your mate expect not to?
- **Sexuality**
 - Are you talking about the sexual side of your relationship?
 - Do you know that both of you can be faithful?
 - Has there been any abuse for either partner in the past?
- **Children**
 - How many children does each of you want?
 - When do the two of you feel is the best time to have children?
 - How do the two of you feel about abortion or adoption?
 - If your mate has children are you ready to be a parent?
 - Do you get along with your mate's children?
- **Religion**
 - What role will religion play in your future as a couple?
 - What religious training will you give your children?
 - What is your future spouse's attitude toward religion?
- **Family & Friends**
 - Do your friends and family support you in this relationship?
 - Why or why not?
 - Are you comfortable with your potential mate's family and friends?
 - Is your potential mate comfortable with yours?
- **Personal Behavior**
 - How do the two of you handle your free time?
 - Do you agree on:
 - Public Behavior?
 - Habits?
 - Cleaning?
 - Pets?
- **Separation**
 - Can your mate handle separation?
 - Can you handle separation?