# COLLEGE OF ENLISTED MILITARY EDUCATION (CEME) COMMAND SCREENING CHECKLIST

#### **PRIVACY ACT STATEMENT**

AUTHORITY: 10 U.S.C. § 5041, Headquarters U.S. Marine Corps, and E.O. 9397 (EDIPI)

**PRINCIPAL PURPOSE:** Information is obtained to identify personnel who are assigned as students to a Staff Noncommissioned Officers (SNCO) Academy or College of Distance Education and Training (CDET) seminar. The collected information will be maintained in the Marine Corps Training Information Management System (MCTIMS) database or MarineNet for a CDET seminar.

**ROUTINE USE:** Information collected on this form may be shared outside the DoD for those specific purposes and listed organizations identified as DoD Blanket Routine Uses at http://dpcld.defense.gov/Privacy/SORNsIndex/Blanket-Routine-Uses/.

**RETENTION:** Automated MCTIMS records are retained permanently.

**DISCLOSURE:** Providing information on this form is voluntary. Failure on your part, however, to answer all questions or any misrepresentation (by omission, concealment, or by misleading, false, or partial answers) may serve as a basis for denied assignment to the school you are requesting to attend.

Purpose: To ensure Marines attending a SNCO Academy or CDET seminar are fully qualified.

**Information:** PME schools are not screening institutions. In order to preclude students from being turned away upon arrival, it is necessary that parent commands ensure their Marines satisfy enrollment prerequisites set forth in MCO P1533.4\_ and this checklist.

**CEME Duty Status Waiver Request Information:** Students who desire to attend a SNCO Academy school in a limited duty or pregnancy status are required to complete the CEME Duty Status Waiver Request. Waiver request forms may be found at <a href="https://www.usmcu.edu/ceme">https://www.usmcu.edu/ceme</a>.

**Submission Instructions:** The completed CEME Command Screening Checklist will be hand-carried to the SNCO Academy or delivered to the CDET Regional chief instructor for participation in a CDET seminar. The checklist will be destroyed upon completion of the course.

Name	e (Last, First, MI):				Rank:				DOR:			
EDIPI	:	ive Res	erve	Prir	mary MOS	<b>:</b>	Unit:					
Form	at: Seminar SNC	: Sergear	nts C	Caree	er Advan	ced Sch	ool Number (ex. 1-19):					
SNCO	Academy Location:	29 Paln	ns Quan Hawaii			aii Sch	School Report Date:					
All Students (SNCO Academy and CDET Seminar)												
	Prerequisite	es		Yes	No	)	N/A		Remarks			
1.	Is the student the appropriate?											
	Has the student successf											
2.	applicable prerequisite o											
	education program?											
	or 2: If no, the student is not DMINs along with course date	•		•				uisites for o	ourses are published annually via			
	Does the student meet h	eight/weight										
3.	standards per the curren											
	6110.3_?											
4.	Is the Marine exempt fro											
٦.	fat limits?											
4a.	Marine's most current Pl	FT and CFT rec	orded in	MCTES	PFT	Score	<b>:</b> :		CFT Score:			
<b>4</b> a.	iviai iile 3 iilost cui lelit Pi	i i aliu CFI TeC	orueu III	IVICIFJ.	Date	2:			Date:			
Note fo	Note for 4: Marines who score 285 and higher on both the PFT and CFT are exempt from weight and body fat limits. Ref: MCO 6110.3.											

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		All Stu	udents	(SNCO Aca	demy a	nd C	DET Semir	ar)		
	Prere	equisites		Yes	No		N/A		Remarks	
5.	Is the Marine affo body fat?	rded an additional 1 pe	ercent							
6.		gned to a body compo nilitary appearance	sition							
Note f	or 6: If yes, the studen	it is not qualified to attend	d the SN	ICO Academ	y or CDE	「 sem	inar.	Γ		
7.	Is the student pre	gnant?								
Note f	or 7: If yes, a waiver is	required for SNCO Acade	my atte	ndance.	ı	l l		l		
8.	Is the student assi	gned to limited duty?								
Note f	or 8: If yes, a waiver is	ndance.	1			Γ				
9.	Is the Marine form Limited Duty or Ex Duty (EPLD)?									
	or 9: If yes, contact the nces: MARADMINs 06	e respective SNCO Acade 36/09 and 457/16	my Dep	uty Director	or CDET	Regio	onal Directo	r to discuss f	acilities requirements.	
10.	•	ting family or financial uld preclude this stude he course?								
Note f		ent is not qualified to atte	end the S	SNCO Acadei	my or CD	ET se	minar.	I		
SNCO Academy Students Must Also Complete This Section										
	Prere	Yes	No		N/A		Remarks			
11.	Does the student uniforms for the c									
Note f		ements can be obtained fr	rom the	MCU/CEME	website.	https	s://www.us	l mcu.edu/cer	me	
	Is the student phy					Signature:				
	participating in the	e Marine Corps physica	al							
12.	fitness program?							Stamp or I	National Provider ID#:	
	PHA Test Date:							Stamp or 1	tational Frontact 15	
	PHA Due Date:									
		ensure all personnel have			-				gram activities. Ref: MC	O 6100.13A
iviust t		by a medical officer, civil if 12 was answered n		Tuncare provi	der, or ir	iuepe	endent duty	corpsman.		
13.		lying for the CEME Dut								
	Status Waiver Req	juest?								
Note f school		ent must complete the CEI	ME Duty	/ Status Waiv	er Requ	est. If	no, the stu	dent is not q	ualified to attend a SNC	O Academy
					sement					
		The unit sergeant majoring of command must e							nmander or above in	the
Appro	ved Disapproved	Title		Print Name	)		Signat	ure	Contact #	Date
		SgtMaj/Unit SEA								
		CO (O-5 or above)								

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# COLLEGE OF ENLISTED MILITARY EDUCATION (CEME) DUTY STATUS WAIVER REQUEST

#### **PRIVACY ACT STATEMENT**

AUTHORITY: 10 U.S.C. § 5041, Headquarters U.S. Marine Corps, and E.O. 9397 (EDIPI)

**PRINCIPAL PURPOSE:** To collect information necessary to determine if a Marine meets eligibility requirements to attend a Staff Noncommissioned Officer (SNCO) Academy PME school in a limited duty or pregnancy status.

**ROUTINE USE:** Information collected on this form will be shared with the prospective student's chain of command and the CEME Branch Director.

**RETENTION:** CEME forms are used and properly archived according to Marine Corps Orders pertaining to the appropriate storage of records.

**DISCLOSURE:** Providing information on this form is voluntary. However, your failure to provide information will prevent participation in a SNCO Academy PME school.

**Purpose**: In accordance with CEME policy, students who desire to attend a SNCO Academy Sergeants School, Career School, or Advanced School in a limited duty or pregnancy status are required to complete this waiver request.

Policy: Prospective students must meet all of the below conditions to attend with a waiver:

- 1. Have documentation that the student will not be able to attend a SNCO Academy school in a full duty status before the next promotion board convenes for which they are in either the primary or above zone.
- 2. Not be eligible for a PME exemption per MARADMIN 663/16.
- 3. Have a physician-approved physical fitness plan.
- 4. Receive positive endorsement from first O-6 commander in chain of command.
- 5. Students must also document that they are unable to attend their respective CDET PME seminar before the next promotion board convenes for which they are in either the primary or above zone.

**Submission Instructions:** Scan the Command Screening Checklist and this waiver; submit to the CEME Director at <a href="Maivers@usmcu.edu">CEME Waivers@usmcu.edu</a>. Waivers must be received by CEME five working days prior to a school's convene date.

_													
Name	e (Last, First, MI):					Ranl	k:	DOR:					
EDIPI	:	Componen	t: Active	Res	erve Primary MOS:				Unit:				
Form	at: Seminar SNC	CO Academy	School: Se	rgean	ts Ca	Career Advanced			School Number (ex. 1-19):				
SNCO	Academy Location:	LejOki _	Pend29	Palm	ıs <u> </u>	QuanHawaii School Report Date:							
Prospective Students													
	Ques	stion			Yes	No			Remarks				
1.	Will the student be able t school in a full duty status board convenes for which or above zone? -If yes, Marine is not e	s before the n h they are in e	ext promotion ither the prima										
Note f	or 1: Students in the below	w zone are no	t eligible for a	duty s	tatus w	aiver.	•						
2.	Is the student eligible for MARADMIN 663/16? (On SDA tour within the last 1 - If yes, Marine is not 6	an											
3.	Did physician medically d resident PME in a limited physician refused to appr - If yes, Marine is not o	_											
4.	Will the student be able to PME seminar before the convenes, for which they above zone?  -If yes, Marine is not element.	next promotio are in either t	n board he primary or	ET									

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<b>5. Required Justification:</b> If the student has met all of the above conditions for this waiver request, provide a narrative below that demonstrates that the student will <u>not</u> be able to 1) attend a CDET seminar before the next promotion board convenes, or 2) attend an SNCO Academy school in a full duty status before the next promotion board convenes.														
board convent	· · · · · · · · · · · · · · · · · · ·													
			·											
Required End	orsements: This	waiver request must be	endorsements endorsed by	the following	g individuals in the pro	spective								
		battalion/squadron serg mander. Waivers will no	-	-										
Recommended	Not Recommended	Title	Print Na		Signature	Contact #								
		Battalion/Squadron Sergeant Major												
		Battalion/Squadron Commander												
		Sergeant Major (O-6 command level)												
		Commander (O-6)												
		CEME Di	rector's Endor	sement										
Waiver Approved	Waiver Disapproved	Print Name	9		Signature	Date								
						•								

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# COLLEGE OF ENLISTED MILITARY EDUCATION (CEME) PHYSICIAN-APPROVED PHYSICAL FITNESS PLAN

### PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C. § 5041, Headquarters U.S. Marine Corps, and E.O. 9397 (EDIPI)

**PRINCIPAL PURPOSE:** To collect information necessary to determine an alternate physical fitness to allow Marines in a limited duty and pregnancy status to participate in a SNCO Academy PME school. This form will provide a plan to modify physical training sessions to prevent injury or to allow recovery from a previous injury or physical limitation.

**ROUTINE USE:** Any protected health information (PHI) in your records may be used and disclosed generally as permitted by the HIPAA Privacy Rule (45 CFR Parts 160 and 164), as implemented with DoD by DoD 6025.18R. Permitted uses and disclosures of PHI include, but are not limited to, treatment, payment, and healthcare operations.

**DISCLOSURE:** Providing information on this form is voluntary. However, your failure to provide information will prevent participation at SNCO Academy PME school.

- **1. Purpose:** A physician's positive endorsement permitting a limited duty or pregnancy status Marines is required to attend a SNCO Academy PME school with specific physical training accommodations that will still allow the Marine to be educated on physical and mental wellness.
- **2. Information:** PME schools are not screening institutions. In order to allow limited duty and pregnancy status Marines to attend a SNCO Academy PME school, parent commands must ensure their Marines satisfy enrollment prerequisites set forth in MCO P1533.4 and this physician-approved physical fitness plan.
- **3. Submission:** The completed physician-approved physical fitness plan must be electronically delivered with the Duty Status Waiver Request to the CEME Director at <a href="mailto:CEME Waivers@usmcu.edu">CEME Waivers@usmcu.edu</a>. Waivers will not be considered if this plan is missing or disapproved by the physician.
- **4. Format:** This form is for SNCO Academy use only.

### **Limited Duty and Pregnancy Status Limitations:**

These limitations will be briefed to academy personnel to ensure reasonable accommodations are made. Additionally, accurately capturing a Marine's physical limitations will eliminate the chances of aggravating the injury/medical condition while in a student status at the SNCO Academy. Physicians are encouraged to provide as much detail as possible. Do <u>not</u> reveal diagnosis, except for pregnancy. (References: NAVMED 6310/1 and HIPAA 1996)

	Yes	No		Yes	No	Yes No
Must use crutches			Stair climbing			Contact sports
Must use cane			Prolonged standing in formations for more than min.			Stand watches
Must use other:			Working parties for no more than minutes per hour			For Pregnancy Status only
Running			Push-ups			Member is weeks pregnant
Jumping			Pull-ups			EDD
Marching			Sit-ups			
Drilling			Climbing			

**Special Instructions/Limitations:** 

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								sical and mental welln			4
student status at a SNCO Academy PME school. The intent of this list is to facilitate collaboration between the student and the Command Physical Training Representative (CPTR) and/or Force Fitness Instructor (FFI) to create physical training sessions											
								ssing, and physicians			
								eferences: NAVMED 6310			
provide as mad	en actan as pos	Yes	No	tevear alagnosis,	cxccpt for p	Yes	No	ererences. NAVIVIED 0310	/ I and m	Yes	No
Upper body ex	orcicos	163	IVO			163	INO			163	INO
-Not to exceed				Elliptical				Jumping/Jump rope			
Lower body ex				Formation running	ig			Swimming			
-Not to exceed	lbs.				_						
Core exercises				Individual running	g			Row machine			
				Weight bearing ru	ınning						
Walking				_	_			Physical therapy exe	rcises		
AAA da la la la a a da a				-Not to exceed	lbs.			Other			
Weight bearing				Bicycle				Other:			
-Not to exceed				<u>'</u>							
Additional Info	ormation:										
		or Anti	cipate	d Medical/Physica		ppoint	ment	During PME School			
	Date			Time			Location				
				Physician	's Endorsem	ent					
Approved	Dicapproved							Data	-	hone	
Approved	Disapproved		5	Signature		np or	о " <u>н</u>	Date	P	none	
					National	rovid	er#				

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